



LATINO MEDICAL STUDENT ASSOCIATION - NORTHEAST

50th Annual Northeast Regional Conference

Hosted by: The Johns Hopkins University School of Medicine

January 27-29, 2023 - Baltimore, MD



Un Futuro Para Todos

Highlighting Latino Innovation, Service, and Leadership in Medicine

Conference Program



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MSII at The Johns Hopkins University School of Medicine

Letter from the Co-Directors

Dear LMSA Northeast Familia,

We are thrilled to welcome you to the 50th Annual LMSA Northeast Regional Conference hosted by the Johns Hopkins University School of Medicine!

This year's theme, *Un Futuro Para Todos: Highlighting Latino Innovation, Service, and Leadership in Medicine*, is incredibly fitting as we reflect on this anniversary year for LMSA Northeast. Our organization strives to support and inspire the next generation of Latinx physicians as they work towards providing more just and equitable healthcare for our communities. We hope that this conference will help further this mission by celebrating the brilliant work of LMSA alumni and other Latinx leaders, and encouraging attendees to pursue their passions and foster new collaborations.

With the unwavering support of our Faculty Advisers, Dr. Amanda Hernandez-Jones and Dr. Fidencio Saldaña, we have continued to improve and expand upon our organization this year. We welcomed two new chapters. We increased our scholarship offerings to include our first ever-endowed scholarship, generously sponsored by Hartford Healthcare, which marks our largest scholarship to date. We continue to foster community within our region by hosting city-wide meetups throughout the year. And we expanded on our professional networks by strengthening our pre-medical and medical student mentoring programs.

We are so proud of everything our Executive Board has accomplished during this past year. And we are especially thankful for the work of our Conference Co-Chairs and Johns Hopkins student volunteers in planning this groundbreaking conference. We encourage you all to take full advantage of your time at Hopkins: attend interesting workshops, ask questions, share your passions, connect with exhibitors and sponsors, bond with fellow LMSA members, and start building new relationships with mentors.

Thank you for joining us on this momentous occasion – we look forward to connecting with many of you soon!

Saludos,

Handwritten signatures of Claudia Torres and Jordan Juarez in black ink.

Claudia Torres and Jordan Juarez
Co-Directors, 2022-2023



Welcome!

On behalf of the Latino Medical Student Association (LMSA) - Northeast and our host, The Johns Hopkins University School of Medicine, we are proud to welcome you to LMSA's 50th Annual Northeast Regional Conference. This year's theme, *Un Futuro Para Todos: Highlighting Latino Innovation, Service, and Leadership in Medicine*, aims to celebrate individuals who have pioneered a path forward for all Latinos in healthcare.

Working with our regional board to plan the 50th anniversary of our marquee event has been a privilege. We are excited and humbled to finally welcome you to this historic celebration. Ultimately, we hope this weekend celebrates, supports, and inspires a diverse and multicultural physician workforce capable of leading our country toward a more equitable and just future for all.

We envisioned a 2023 regional conference that would bring together pre-medical students, medical students, and practicing physicians from across the Northeastern United States for a weekend of insightful conversations, innovative workshops, and substantial networking. We believe that is exactly what we have accomplished. This event would not have been possible if not for the love, hard work and support of countless student leaders, volunteers, faculty mentors, administrators, staff, sponsors and many others. Thank you all for supporting the Latino Medical Student Association and believing in our mission.

Sincerely,

Carolina Lopez-Silva, MS III and Eduardo Paredes, MS II

Johns Hopkins University School of Medicine

Conference Co-Chairs for the Latino Medical Student Association – Northeast

LMSA Northeast Executive Board



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Conference Co-Chair
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History of LMSA-Northeast

In 1969, the Civil Rights Movement inspired the formation of the New York Regional chapter of the Young Lords, a response to rampant unemployment, the absence of adequate housing, and the lack of access to a policy-making structure for Puerto Rican youth, African Americans, and Latinx New Yorkers. Two first-year Harvard medical students, Jaime Rivera and Emilio Carrillo, joined the Young Lords, demanding access to quality health care and education for their community.

While at Harvard, Rivera and Carrillo founded the Boricua Health Organization (BHO) in 1972, named after the group's predominantly Puerto Rican membership. They later connected with Dr.

Helen Rodríguez-Trías and formed a Steering Committee composed of representatives from several medical schools, physicians, and healthcare workers to promote the admission and retention of Latinos in US medical schools. Dr. Rivera and Dr. Carrillo hoped that by diversifying the physician workforce, they would also be improving the poor health profile of the Latino community.

By 1980, BHO had active chapters in major cities, including Boston, New Haven, New York, Newark, and Philadelphia. BHO continued its annual convention, aiming to address regional issues and promote dialogue among its chapters. BHO eventually evolved into the Boricua Latino Health Organization (BLHO) as students from different states and Latino backgrounds joined. In the early 1990s, the name changed to the National Boricua Latino Health Organization (NBLHO).

In 1987, NBLHO merged with similar organizations across the United States to become the National Network of Latin American Medical Students (NNLMS), thus uniting the various regional Latino medical student groups under one umbrella. This newly-formed partnership created a stronger, more unified voice for Latino medical students throughout the United States and allowed for increased local and national political influence. In 2009, NNLMS changed its name to the present-day Latino Medical Student Association (LMSA).

Today, LMSA-Northeast comprises over 40 medical school chapters and 1300 student members, extending north to Maine, south to Washington, DC, and now to Western Pennsylvania, with new chapters and members joining every year. Now in its fifth decade, LMSA-Northeast continues with its original mission: recruiting, retaining, and supporting underrepresented minorities in the medical field and improving healthcare delivery to the Latino community.



History of Johns Hopkins

From grocer to philanthropist, Johns Hopkins laid out a plan to use his wealth to establish a hospital that would provide care to anyone, regardless of sex, age, or race. His visionary plan was brought to life on May 7, 1889, with the opening of The Johns Hopkins Hospital. Baltimore newspapers headlined that this center had a "noble aim" and its service "would be for all those who suffer." With 17 buildings, 330 beds, 25 physicians, and 200 employees, it was the largest healthcare center in the country and a remarkable national marvel. Truly groundbreaking in its design and vision, the hospital was designed using progressive principles that would limit the spread of disease, including curved corners, central heating, and innovative airflow.

Four years later, the Johns Hopkins University School of Medicine welcomed its first class of 18 students, revolutionizing medical education in the United States. Bringing to life the vision of Hopkins, the curriculum was based on a German model, where students would be highly qualified, and the faculty would not only teach but carry-on research and train graduate students in their fields. The university set a rigorous precedent in medical education, implementing many firsts, including the admittance of women, completion of a four-year degree before admission, demanding entrance exams, and the inclusion of pre-clinical professors to serve on a full-time university basis. The most outstanding innovation at Hopkins was the clinical teaching system developed by Sir William Osler, one of the hospital's founding physicians and widely considered one of the greatest diagnosticians in American history. During their third- and fourth years, students began learning at the bedside and participated continuously in the care of patients. At Johns Hopkins, the hospital became the medical school, and the patients became the students' texts. Nowhere else in America was such an experience available to medical students.

Over the past 130 years, The Johns Hopkins School of Medicine has continued to lead the way in healthcare, never losing sight of the deeply humane objective its founders committed to—to pursue discovery in the advancement of human welfare. From this core principle have emerged discoveries ranging from the targeted use of radiation to treat cancer to the modern pregnancy test and the creation of the field of medical genetics. Hopkins is further recognized as the birthplace of many medical specialties, including neurosurgery, urology, endocrinology, and pediatrics. In addition, numerous faculty members have earned international recognitions, such as the Nobel Prize and Lasker Awards, by pushing the boundaries of discovery, innovation, translation, and dissemination. In more recent years, Johns Hopkins physicians and scientists have been responsible for medical and scientific breakthroughs, including developing a lifesaving infection prevention checklist, a five-year kidney transplant, a bilateral arm transplant, cancer immunotherapy, and advances in understanding the Zika virus' relationship with microcephaly. Today, during the 50th Annual Latino Medical Student Association Northeast Regional Conference, we welcome all of you to contribute to the legacy and history of the Johns Hopkins University School of Medicine.

By: Isabella Perea Caicedo



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Campus Map



Johns Hopkins Medical Campus
The Johns Hopkins Hospital Main Entrance located at 1800 Orleans Street



The Johns Hopkins Hospital Buildings

Main Entrance	7H
Blalock	3H
Bloomberg Children's Center	6I
Carnegie	3I
Emergency Entrance (Adult/Pediatrics)	6I
Halsted	3H
Marburg – Brady Urological Institute	3G
Meyer – Psychiatry and Rehab	3J
MRI	5J
Nelson/Harvey Building	4H
Oiler	3I
Outpatient Center (HOC)	4D
Park Building	3G
Rubenstein Child Health	8I
Shulsh Zayed Tower	5H
Skip Viragh Outpatient Cancer Center	9F
Wilmer – Kimmel Cancer Center	6G
Wilmer Eye Institute	5G
Smith – Wilmer: Bendam Surgical Pavilion	4E

Patient and Visitor Parking	
McElderry Garage – Outpatient Center	5B
Orleans Street Garage – Main Hospital	8H
Weinberg – Kimmel Cancer Center	6G

Academic/Research/Other Buildings	
550 Building	5D
1830 Building	7J
Armstrong Medical Education Building	3C
Billing Administration	4G
Bloomberg School of Public Health	3K
Bond Street Annex	3E
Baring-Bauman Research – Kimmel Cancer Center	4D
Children's House	4K
Church Professional Building (not indicated on map, south of campus)	
Cooley Fitness Center (Students/Staff)	3C
Hackmann-Patz Patient Family Pavilion	3E
Hampson House	3E
Hunterian	1J
Kennedy Krieger Institute	2F
Koch Cancer Research I	4C

Miller Research	1G
Phipps	5I
Physiology–Biophysics	1K
Precinical Teaching PCTB	1J
Reed Hall	4D
Ross Research	2H
School of Nursing House	4K
School of Nursing	5J
School of Nursing Student House	5K
Traylor Building	1H
Turner Auditorium	2G
Welch Medical Library	2K
Wolf Street Entrance	4I
Wood Basic Science	1K
Woods Research (Wilmer)	5G

CONFERENCE AGENDA

FRIDAY (HALF-DAY)

Event	Start Time	End Time	Location	Intended Audience
Registration	4:00pm	4:45pm	1st Floor Atrium	All
Welcoming Ceremony Opening remarks by LMSA Advisors: Dr. Hernandez-Jones & Dr. Saldaña Friday Plenary: Dr. Molina	5:00pm	6:00pm	Combined 1st Floor Lecture Hall	All
Exhibitor Fair	6:00pm	8:00pm	2nd Floor Atrium	All
The New England Journal of Medicine Research Symposium at the 50th Annual LMSA Northeast Regional Conference	6:30pm	8:00pm	1st Floor Atrium + 4th Floor	All
Oral Presentations	7:00pm	7:30pm	Lecture Halls 150E and 150W + Case Study Room 402	All
Welcome Reception - Sponsored by: Johns Hopkins Medicine Alumni Association	8:30pm	10:30pm	Residence Inn by Marriott Baltimore at The Johns Hopkins Medical Campus	All

SATURDAY (FULL-DAY)

Event	Start Time	End Time	Location	Intended Audience
Breakfast Networking Event - Sponsored by: Johns Hopkins Medicine Alumni Association	7:15am	8:00am	1st Floor Atrium	All
Opening remarks by JHUSOM Deans: Dr. Roy Ziegelstein and Dr. Shari Martin Lawson Saturday Plenary: Dr. John Paul Sanchez	8:00am	9:00am	Combined 1st Floor Lecture Hall	All
Workshops	9:10am	12:00pm	Lecture Halls 150E and 150W + 2nd, 3rd, and 4th Floor Classrooms	All
Exhibitor Fair & Lunch	12:00pm	2:00pm	1st Floor Atrium and 2nd Floor Atrium	All

CONFERENCE AGENDA

SATURDAY (FULL-DAY)

Event	Start Time	End Time	Location	Intended Audience
Keynote Address Dr. Alfredo Quiñones-Hinojosa	2:00pm	3:00pm	Combined 1st Floor Lecture Hall	All
Workshops	3:00pm	4:45pm	2nd, 3rd, and 4th Floor Classrooms	All
Closing Remarks Co-Chairs: Carolina & Eduardo Main Speaker: Dr. Elena Rios	5:00pm	5:45pm	Combined 1st Floor Lecture Hall	All
LMSA Gala - Sponsored by: Boston Medical Center	7:30pm	11:30pm	Columbus Center	All

SUNDAY (HALF-DAY)

Event	Start Time	End Time	Location	Intended Audience
Catered breakfast	8:30am	9:00am	1st Floor Atrium	HOD Representatives
House of Delegates	9:00am	12:00pm	Combined 1st Floor Lecture Hall	HOD Representatives



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- Forensic Medicine (MS)
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- Mental Health Counseling (MS)
- Educational Psychology (PhD)
- School Psychology (PsyD, EdS)
- Applied Positive Psychology (MS)
- Applied Behavior Analysis (MS, Cert.)

- Cognitive Behavioral Therapy (Cert.)
- Professional Counseling (Cert.)
- Organizational Development & Leadership (MS, Cert.)
- Public Health Management and Administration (MS, Cert.)
- Public and Population Health Leadership (Cert.)
- Non Profit Leadership and Population Health Management (MS, Cert.)

GEORGIA:

- Osteopathic Medicine (DO)
- Pharmacy (PharmD)
- Physical Therapy (DPT)
- Physician Assistant Studies (MS)
- Biomedical Sciences (MS, Cert.)
- Medical Laboratory Sciences (MS)

SOUTH GEORGIA:

- Osteopathic Medicine (DO)
- Biomedical Sciences (MS, Cert.)



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We are proud to support the Latino Medical Student Association and congratulate you on 50 years of excellence and service to our communities.



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Friday, January 27, 2023

Welcoming Remarks

LMSA Northeast Advisors



Dr. Amanda Hernandez-Jones, MD, PhD

Dr. Hernandez-Jones is a neuromuscular neurologist and Assistant Professor at the University of Connecticut School of Medicine where she teaches medical students, residents, and fellows alongside being actively engaged in building a curriculum that speaks to translational immunology at the bedside. Prior, Dr. Hernandez-Jones was at Yale University where she graduated with an M.D. and completed a PhD in immunology, as well as a postgraduate neurology residency and neuromuscular fellowship. Passionate about increasing recruitment and retention of underrepresented communities in medicine alongside addressing issues unique to them, she was intimately involved in the Latino Medical Student Association throughout her medical training. She served two terms as LMSA-Northeast Co-Chair and one term as LMSA-National President. Outside of LMSA she has furthered her work at both Yale University and the University of Connecticut through teaching, directing, and participating in enrichment programs across the northeast region. She is thrilled and honored to be one of the LMSA-NE Faculty Advisors and looks forward to an equally enriching experience of being engaged in this vibrant community as an alumna.



Dr. Fidencio Saldaña, MD, MPH

Dr. Saldaña was appointed dean for students at Harvard Medical School in July 2016 and oversees the Office of Student Affairs. Dr. Saldaña has an abiding commitment to diversity in medicine. Dr. Saldaña received his bachelor's degree from Stanford University, his M.D. from HMS, and his MPH from the Harvard T.H. Chan School of Public Health. He completed his internal medicine residency, chief residency, and cardiology fellowship at Brigham and Women's Hospital. Currently, Dr. Saldaña is a clinical cardiologist at the Brigham, specializing in cardiovascular imaging and is an assistant professor of medicine at HMS. Dr. Saldaña is a Fellow of the American College of Physicians, American College of Cardiology and American Society of Echocardiography. He is a member of the Massachusetts Medical Society Committee on Diversity in Medicine, serves as the Northeast Representative on the Committee for Student Diversity Affairs for the American Association of Medical Colleges, and is vice-chair of the Northeast Group on Student Affairs.

Friday, January 27, 2023

Plenary Speaker

Dr. Mario Molina, MD

Co-Founder and Executive Board Chair of USofCare



Dr. J. Mario Molina is a healthcare entrepreneur, physician and philanthropist, best known for his tenure of over 20 years as chairman and chief executive officer of Molina Healthcare (NYSE: MOH), a Fortune 200 company he and his family founded in the 1980's. He is currently chairman of the board at United States of Care, a trustee of the National Museum of the American Latino, a part of the Smithsonian Institutions, trustee of Johns Hopkins Medicine and a trustee of the Huntington Library.

He was Founding Dean of the Keck Graduate Institute School of Medicine and served as founder and president of Golden Shore Medical Group. He has served on a variety of corporate and non-profit boards including Apollo Medical Holdings (Nasdaq: AMEH), Care3, Breath Direct, Aquarium of the Pacific, Homeboy Industries, and the Standing Committee of the Osler Library of McGill University.

He earned his M.D. from the University of Southern California and performed his internship and residency at the Johns Hopkins Hospital. He is certified by the American Board of Internal Medicine in Internal Medicine, Endocrinology and Metabolism.

In 2021 he received the Distinguished Alumni Award from the Johns Hopkins University Alumni Association and in 2017 the Distinguished Medical Alumnus from the Johns Hopkins from the Johns Hopkins School of Medicine. In 2016, he was named one of the 50 Most Influential Physician Executives by Modern Healthcare, and in 2015 and 2016 he was named one of the 100 Most Influential People in Health Care. He was recognized as one of the 25 Most Influential Latinos in America by Time magazine in 2005.

At Johns Hopkins, Dr. Molina has endowed the Myron L. Weisfeldt Professor in the Osler Medical Residency Program, the J. Mario Molina Chair in the History of Medicine, and the C. David Molina Chair in Medicine.

Saturday, January 28, 2023

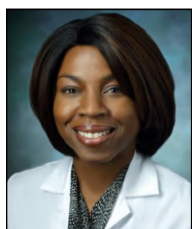
Welcoming Remarks

JHUSOM Deans



Dean Roy Charles Ziegelstein, M.D.

Dr. Roy Ziegelstein is the Sarah Miller Coulson and Frank L. Coulson, Jr. Professor of Medicine and serves as Vice Dean for Education at the Johns Hopkins University School of Medicine. Dr. Ziegelstein came to Johns Hopkins in 1986 after receiving his M.D. from Boston University, where he was inducted into the Alpha Omega Alpha Honor Medical Society. Dr. Ziegelstein completed his internship and residency in internal medicine on the Osler Medical Service at Johns Hopkins Hospital in 1989 and was an Assistant Chief of Service (ACS) at Johns Hopkins Hospital from 1989 to 1990. Dr. Ziegelstein completed his cardiology fellowship at Johns Hopkins in 1993, with a joint appointment at the NIH. He then joined the cardiology faculty at Johns Hopkins Bayview Medical Center, where he has been on faculty continuously since 1993. Dr. Ziegelstein also directed the internal medicine residency program at Johns Hopkins Bayview Medical Center from 1997 to 2006 and served there as Executive Vice Chairman of the Department of Medicine from 1996 to 2014. Dr. Ziegelstein is a 5-time recipient of the George J. Stuart Award for Outstanding Clinical Teaching and is an internationally-recognized expert in the relationship between depression and cardiovascular disease.



Dean Shari Martin Lawson, M.D.

Dr. Shari Lawson is an Assistant Dean of Medical Student Affairs at Johns Hopkins University School of Medicine and currently serves as the Division Chief of General Obstetrics and Gynecology. Dr. Lawson graduated Phi Beta Kappa from Johns Hopkins University with a degree in Biophysics and Alpha Omega Alpha from the Johns Hopkins School of Medicine before training in Gynecology and Obstetrics at the Johns Hopkins Hospital. Her research interests are in health care disparities in maternal outcomes and medical education. In the Office of Medical Student Affairs, Dr. Lawson serves the needs of the students in the School of Medicine, providing advice and guidance on personal and professional issues. She also works with SOM faculty to advise and mentor students during the application process for postdoctoral residency positions. Through the Office of Medical Student Diversity, Dr. Lawson oversaw programming for more than 10 diversity and affinity student-led groups in the School of Medicine over the past 6 years. She works closely with the Admissions Committee serving as an ad-hoc interviewer, hosting recruitment events for applicants from backgrounds underrepresented in medicine, and sitting on the Financial Aid Advisory Committee. She served as the co-chair of the Medical Students subcommittee for Johns Hopkins School of Medicine's recent LCME re-accreditation process

Saturday, January 28, 2023

Plenary Speaker

Dr. John Paul Sánchez, MD

Executive Director of LMSA



John Paul Sánchez has worked extensively to promote diversity and inclusion in the medical and academic medicine workforces. He is Co-Founder/President of BNGAP Inc. Since 2009, BNGAP has become nationally recognized for developing the concept of pre-faculty development and has collaborated with 70+ academic health centers to educate trainees, faculty, and senior administrators on how to develop the upstream pipeline of diverse medical trainees to become future faculty and senior academic leaders.

In 2020, BNGAP launched the National Center for Pre-Faculty Development to support institutions in integrating Pre-Faculty Development as a new approach towards diversifying academic medicine. He is Executive Director of the Latino Medical Student Association Inc., the largest Latino medical student association in the country with 150+ chapters at allopathic and osteopathic medical schools across the country. In 2017, he led the development of the LMSA Faculty Physician Advisory Council, which has grown to 350+ advisors/physicians and recently launched the National Center for LMSA Leadership and Advancement (2021) consisting of 22 collaborating institutions.

He has served as the Chair of the Council of Residents and as Founder of the Council of Young Physicians of the National Hispanic Medical Association. He also served as Secretary on the Board of the Hispanic Serving Health Professions Schools (HSHPS). Since joining the Health Sciences Center (HSC) at the University of New Mexico he has been selected for numerous leadership positions including as Executive Associate Vice Chancellor for DEI, whereby he supports HSC entities in planning, organizing, and aligning DEI activities. He has published 57 peer reviewed publications and served as Editor for a book entitled *Succeeding in Academic Medicine: A Roadmap for Diverse Medical Students and Residents* and Co-Editor for a book titled *The Health Professions and Academia: A Guide to Healthcare Leadership Careers*.

He received his medical degree from the Albert Einstein College of Medicine, completed his residency training at Jacobi/Montefiore, and is Board Certified in Emergency Medicine. He completed an MPH at the Yale School of Public Health. He is of Puerto Rican ancestry, gay-identified and was raised in the Bronx, NY.

Saturday, January 28, 2023

Keynote Speaker

Dr. Alfredo Quiñones-Hinojosa, MD

James C. and Sarah K. Kennedy Dean for Research, Mayo Clinic Florida



Alfredo Quiñones-Hinojosa, M.D. serves as chair of the Department of Neurologic Surgery at Mayo Clinic's campus in Florida, and he is recognized with the distinction of a named professorship, the William J. and Charles H. Mayo Professorship.

In addition to his clinical activities, Dr. Quiñones-Hinojosa leads NIH-funded research to find a cure for brain cancer. His cutting-edge research focuses on brain tumors and cell migration, health care disparities and clinical outcomes for neurosurgical patients in which the operating room is used as an extension for his research scenario. He has authored numerous high-impact scientific journal articles, chapters, abstracts and books.

He is an editorial board member and reviewer for several publications. Most notably, he is the editor-in-chief for Schmidek and Sweet Operative Neurosurgical Techniques (6th edition). He is also one of the editors for Controversies in Neuro-Oncology: Best Evidence Medicine for Brain Tumor Surgery, which was awarded first prize by the British Medical Association. He is co-founder and serves as president of Mission: BRAIN, Bridging Resources and Advancing International Neurosurgery, a 501(c)(3) nonprofit foundation. He has published an autobiography, *Becoming Dr. Q*, about his journey from migrant farm worker to neurosurgeon. Dr. Quiñones stars in the second episode of *The Surgeon's Cut*, produced by BBC Studios' The Science Unit for Netflix which was released globally in 2020.

With a drive and passion unparalleled, he worked to become an internationally renowned neuroscientist and neurosurgeon at Mayo Clinic in Jacksonville, Florida. Whether he's comforting a patient, in the operating room, or working on his cutting-edge research, Dr. Q is always approachable, inventive, and driven.

Sunday, January 29, 2023

Closing Remarks

Dr. Elena V Rios, MD, MSPH, MACP

President & CEO of the National Hispanic Medical Association (NHMA)



Dr. Rios serves as President & CEO of the National Hispanic Medical Association, (NHMA), representing 50,000 Hispanic physicians in the United States. The mission of the organization is to improve the health of Hispanics. Dr. Rios also serves as President of NHMA's National Hispanic Health Foundation to direct educational and research activities.

She came to Washington, DC in 1993 to work at the White House and U.S. Department of Health and Human Services/Office of Women's Health and founded NHMA in 1994.

Dr. Rios earned her BA at Stanford University, MSHP/MD at the UCLA School of Public Health and Medicine in 1987, and Internal Medicine residency at the Santa Clara Valley Medical Center in San Jose and the NRSA Research Fellowship at UCLA Division of General Internal Medicine.



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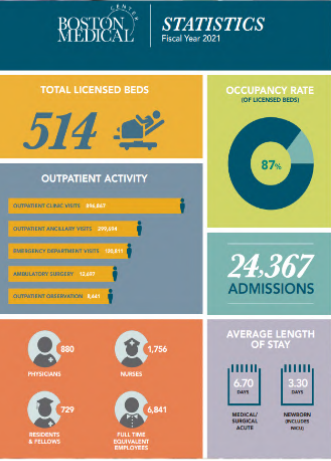
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Since May 24, 1864, **Boston Medical Center (BMC)** formerly Boston City Hospital, has welcomed patients from all backgrounds living by our mission of **"Exceptional Care without Exception"** providing what is essential to our patients and partnering with them to create healthcare plans for successful outcomes. Today BMC is a 514 bed academic medical center that emphasizes **community-based care**, with its mission to provide **consistently accessible health services** to all. We are a **level one trauma center** and the **largest safety net hospital** in New England. BMC provides the full spectrum of pediatric and adult care, from primary care and family medicine to advanced specialty care.



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- Average GPA - 3.7
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- Age Range 20-46 yrs
- From 25 states, D.C., Canada, and China
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Workshop Sessions

Workshop	Location	Track
9:10 AM- 9:55 AM		
Centro SOL: Mental Health in the Latino Community	Lecture Hall 150E	Advocacy & Leadership
Choosing a Medical Specialty: Resident Panel	Lecture Hall 150W	Medical Education (MS1/MS2)
Emergency Medicine Intubation Workshop	AMEB 343	Clinical Skills
Financial Literacy for Medical Students: Recovering From Inflation & Dealing with Recession	AMEB 370	Interdisciplinary Strands in Medicine
HoloAnatomy Demonstration	AMEB 226 (Occurring during ALL sessions)	Clinical Skills
Medical School Admissions with JHUSOM Assistant Dean for Admissions	AMEB 402	Pre-Medical Students
10:05 AM-10:50 AM		
Thriving During Residency and Beyond: Resident Panel	Lecture Hall 150W	Medical Education (MS3/MS4)
Language Equity	AMEB 370	Advocacy & Leadership
Orthopedics: X-Ray Reading	Case Study Room 402	Clinical Skills
Pitfalls to Avoid as a Pre Med Student	AMEB 270	Pre-Medical Students
Thrivers Guide to Medical School	Lecture Hall 150E	Medical Education
Point of Care Ultrasound	AMEB 342 and 343	Clinical Skills

Workshop Sessions

Workshop	Location	Track
11:00 AM- 11:45 AM		
Finding and Building Mentorship	AMEB 370	Medical Education
Research Panel	Lecture Hall 150W	Interdisciplinary Strands in Medicine
Rocking the Match: Residency Application & Interview Tips	Lecture Hall 150E	Medical Education
Gun Violence and Health Care	AMEB 270	Advocacy & Leadership
Personal Statement: Writing Workshop	Case Study Room 402	Pre-Medical Students
Juan Garcia: Arts in Medicine Workshop	AMEB 326	Interdisciplinary Strands in Medicine
3:00 PM- 3:45 PM		
Developing Pre-Faculty Competencies and Milestones	Lecture Hall 150W	Medical Education
Healthy and Effective Public Speaking	AMEB 270	Interdisciplinary Strands in Medicine
Creating Partnerships in the Community	AMEB 370	Advocacy & Leadership
Point of Care Ultrasound	AMEB 342 and 343	Clinical Skills
MCAT: Study Tips and Panel	AMEB 344	Pre-Medical Students
Suturing Workshop	Case Study Room 402	Clinical Skills

Workshop Sessions

Workshop	Location	Track
4:00 PM- 4:45 PM		
Social Media and Networking	Case Study Room 402	Interdisciplinary Strands in Medicine
Non-Linear Paths Through Medicine with Dr. Shapiro	Lecture Hall 150W	Advocacy & Leadership
Academic Leadership	AMEB 270	Medical Education
Primary Assessment/First Aid	AMEB 370	Clinical Skills
Terrible Advice About Failure — & Resilience — In Residency (from someone who's experienced both)	Lecture Hall 150E	Medical Education
Non-Traditional Paths to Medicine	AMEB 343	Pre-Medical Students

Conference App

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ABOUT ROWAN-VIRTUA SOM

Rowan-Virtua School of Osteopathic Medicine is ranked among the best D.O. schools in the nation. With campuses in Stratford and Sewell, N.J., Rowan-Virtua SOM is focused on meeting critical needs in primary care with a focus on the whole patient.

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Renaissance School of Medicine at Stony Brook University is a public medical school in Stony Brook, New York. It is part of Stony Brook University, a flagship of the State of University of New York (SUNY) system.

Renaissance School of Medicine (RSOM) is part of Stony Brook Medicine, the University's medical enterprise, which encompasses Stony Brook University Hospital, Stony Brook Children's Hospital, Stony Brook Southampton Hospital and the Long Island State Veteran's Home.



Dr. Peter Igarashi
Dean, Renaissance School of Medicine

Peter Igarashi, MD, a nationally recognized nephrologist, physician-scientist and medical-education innovator, was named dean of the Renaissance School of Medicine (RSOM) at Stony Brook University effective September 12, 2022.

RSOM Diversity Statement

Diversity is a core institutional value, including all aspects of human differences (such as socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age) that permeates our educational, clinical and research activities.



Dr. Jedan Phillips

Associate Dean of Student & Minority Affairs

I am part of the leadership of the Office of Student Affairs which deals with all facets of student life. My goal is to support the health and wellbeing of all students at the school. This includes leading diversity efforts that advance the mission of the RSOM. Also, working with students to develop and carry out initiatives that contribute to the achievement of diversity goals. Lastly, contribute to the recruitment, retention, and career goals of underrepresented student groups.

Dr. Phillips received his MD from the University of Maryland and his Bachelor's from Johns Hopkins.



Dr. Carly Gomes

RSOM LMSA Chapter Advisor

Carly Gomes, MD is a neonatologist and Clinical Assistant Professor at the Renaissance School of Medicine. She has been serving as the LMSA Stony Brook Chapter Advisor since 2019.

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NEJM Group is pleased to support the 2023 LMSA Northeast Conference.



Workshop Descriptions

9:10 AM- 9:50 AM

Centro SOL: Mental Health in the Latino Community

Description: *Leaders from Johns Hopkins Centro SOL will share their experience tackling mental health in the Latino Community followed by a Q&A session.*

Speakers:

- Sarah Polk, M.D., Sc.M (Associate Professor of Pediatrics at the Johns Hopkins University School of Medicine and Medical director of the Children's Medical Practice clinic at the Johns Hopkins Bayview Medical Center)
- Monica Guerrero Vazquez, MPH, MS (Executive Director of Johns Hopkins Centro SOL)

Choosing a Medical Specialty: Resident Panel (MS1/MS2)

Description: *Physicians will discuss their path to the specialty they chose, provide advice on selecting a specialty, and give insight into the importance of mentorship during medical school. This session will specifically provide guidance to first and second-year medical students and offer tips and tricks to finding opportunities for career planning during the pre-clinical years.*

Speakers:

- Lauren Johnson, M.D., MBE (IM PGY-3 at Johns Hopkins)
- Jonathan Muniz, M.D. (Child/Adolescent Psych Fellow at Johns Hopkins)
- Caroline Paz, DO (EM PGY-1 at Maimonides Medical Center)
- Christopher Lopez (Plastic Surgery PGY-4 at Johns Hopkins)
- Tinsay Woreta (Assistant Professor of Medicine in the Division of Gastroenterology and Hepatology and Program Director, Gastroenterology and Transplant/Advanced Hepatology Fellowship Programs at Johns Hopkins)

Emergency Medicine Intubation Workshop

Description: *Hands-on clinical skills session led by the Johns Hopkins Emergency Medicine Department.*

Speakers:

- Leena Owen, DO, MPH (EM PGY-3 at Johns Hopkins)
- Arvin Jundoria, M.D., M.H.S. (EM PGY-3 at Johns Hopkins)
- Christopher Lemon, M.D. (Assistant Professor of Emergency Medicine at Johns Hopkins)

Financial Literacy for Medical Students: Recovering From Inflation & Dealing with Recession

Description: *Learn the tricks and trades of what medical students, residents, and physicians are doing to prepare themselves to overcome inflation.*

Speaker:

- Christopher L. Gandy, LACP (President/Founder of Midwest Legacy Group, LLC)

HoloAnatomy Demonstration

Description: *Experience the wonders of HoloAnatomy, a revolutionary new software that gives students 3D perspectives of every part of the human body – offering views impossible through any other means in this hands-on demonstrative session.*

Speakers:

- Nancy Farrow (Executive Director of Global Sales for HoloAnatomy)

Medical School Admissions with JHUSOM Assistant Dean for Admissions

Description: *Pre-medical students will receive invaluable advice on how to rock the medical school admissions process in this presentation by and Q&A with Dean Paul T. White.*

Speakers:

- Paul T. White, J.D. (Assistant Dean for Admissions at Johns Hopkins School of Medicine)

Workshop Descriptions

10:05 AM-10:50 AM

Thriving During Residency and Beyond: Resident Panel (MS3/MS4)

Description: *Physicians will discuss their path to the specialty they chose, provide advice on selecting a specialty, and give insight into the importance of mentorship during medical school. This session will specifically provide guidance to third and fourth-year medical students as they prepare for their clinical rotations and residency applications.*

Speakers:

- Malcolm Matheson, M.D. (Family Medicine PGY-1 at University of Maryland)
- Giselle Plata, DO, MPH (Child & Adolescent Psychiatry Fellow at Medstar Georgetown University Hospital)
- Christian Suri, M.D. (Pediatric Neurology at Northwell Health)
- Raquel Sofia Sandoval, M.D., MPP (PGY1 Med/Peds at Johns Hopkins)
- David Leon, M.D. (PGY5 EM/Anesthesia at Johns Hopkins)
- Talia Robledo-Gil, M.D. (Primary Care Physician at Whitman-Walker Health and Associate Program Director for DEI for Urban Health Internal Medicine & Med-Peds at Johns Hopkins)

Language Equity

Description: *This session will focus on reviewing what services healthcare facilities are required to provide patients whose primary language is not English, identifying strategies that bilingual/multilingual medical students can use in clinical settings to avoid being treated like a "language ATM", and discussing ways to advocate for non-English speaking patients as medical students, residents/fellows, and attendings.*

Speaker:

- Rita Guevara, M.D. (Assistant Dean of Diversity, Equity, and Inclusion at Drexel University College of Medicine)

Orthopedics: X-ray Reading

Description: *Clinical skills session on X-ray reading led by Dr. Aiyer from Johns Hopkins Orthopedic Surgery.*

Speaker:

- Amiethab A Aiyer, M.D. (Associate Professor of Orthopedic Surgery at Johns Hopkins School of Medicine and Division Chief of Foot and Ankle Surgery in the Johns Hopkins Department of Orthopaedic Surgery)

Talk: Pitfalls to Avoid as a Pre Med Student

Description: *With over 20 years of experience working with thousands of students, Dr. Angulo from AltaMed will teach students how to avoid the most common pitfalls on their journey toward medicine and see how they can turn these to their advantage. Reduce your anxiety and begin to build your dream team.*

Speakers:

- Marco Angulo, M.D., M.S.S. (Medical Director of Medical Education at AltaMed)

The Thriver's Guide to Medical School

Descriptions: *The Thriver's Guide to Medical School is a collection of personal stories from an underdog doctor who was once dismissed from medical school, combined with supporting insights from Harvard researchers, world-renowned physicians, TEDx speakers, and much more - on the importance of failure and how to bounce back from any setback.*

Speaker:

- Olivia Richman, M.D. (Family Medicine Physician and Author of *The Thriver's Guide to Medical School*)

Point of Care Ultrasound: Pre-medical students.

Description: *Hands-on clinical skills session on point-of-care ultrasound (POCUS).*

Speakers:

- Medical Students from the Lewis Katz School of Medicine at Temple University

Workshop Descriptions

11:00 AM- 11:45 AM

Finding and Building Mentorship

Description: *The goal of this session is to familiarize attendants with the principles of mentoring and to learn ways to receive and sustain mentoring relationships with faculty and others. We will review the goals and expectations of a mentorship relationship and the expected behaviors of mentors and mentees to ensure a productive process. We will have some short exercises to illustrate some of the aspects of mentoring that will be presented.*

Speakers:

- Daniel Schidlow, M.D. (Professor of Pediatrics, Pharmacology & Physiology, and Medicine at Drexel University)

Research Panel

Description: *Curious about a career as a physician-scientist? We've got you covered! Come attend this insightful discussion by four incredible physicians who are actively engaged in bridging scientific research and clinical medicine.*

Speakers:

- Carlos A Pardo-Villamizar, M.D. (Professor of Neurology at The Johns Hopkins University School of Medicine)
- Carlos Guillermo Romo, M.D. (Assistant Professor of Neurology at The Johns Hopkins University School of Medicine)
- Kathleen Raquel Page, M.D. (Associate Professor of Medicine at The Johns Hopkins University School of Medicine)
- Jordy Salcedo Giraldo, M.D., MHS (Pediatrics PGY-3 at Tower Health/St. Christopher's Hospital for Children)

Rocking the Match: Residency Application & Interview Tips

Description: *This session will focus on setting yourself up for success during next year's Match. Dr. Saldaña will provide guidance on how to approach applications, obtain letters of recommendation, interviews, and much more!*

Speaker:

- Fidencio Saldaña, M.D., MPH (Dean of Students at Harvard Medical School and Cardiologist at BWH)

Gun Violence and Healthcare

Description: *Lecture by Dr. Joseph V. Sakran, a trauma surgeon, coalition builder, policy advisor, public health expert, and nationally recognized advocate for gun violence prevention.*

Speaker:

- Joseph Victor Sakran, M.D., M.P.A., M.P.H. (Associate Professor of Surgery at Johns Hopkins)

Personal Statement: Writing Workshop

Description: *Come learn the ins and outs of crafting the perfect personal statement in this presentation and Q&A session.*

Speakers:

- Alejandro Vera Garcia, M.D. (Vice Chair, Diversity, Equity, and Inclusion and Assistant Professor of Surgery at The Johns Hopkins University School of Medicine)

Arts in Medicine Workshop

Description: *Students will get a brief introduction to Mr. Garcia's background and his work as a medical artist/clinical anaplastologist. They will then get a brief lecture on nasal surface anatomy and sculpting. Following this, students will attempt to sculpt a nose on top of a rhinectomy site based on pre-ablative patient photos. Instructors will go around the room, providing feedback on the sculpture. At the end of the course, attendees can elect to take the sculpted model home with them.*

Speaker:

- Juan Ramon Garcia, M.A. (Director, Facial Prosthetics Clinic, Department of Art as Applied to Medicine and Associate Professor of Art as Applied to Medicine at The Johns Hopkins University School of Medicine)

Workshop Descriptions

3:00 PM- 3:45 PM

Developing Pre-Faculty Competencies and Milestones

Description: *Come learn about the BNGAP-LMSA Collaboration on Developing Pre-Faculty Competencies and Milestones in this insightful presentation led by LMSA National Executive Director Dr. John Paul Sánchez.*

Speaker:

- John Paul Sánchez, M.D., MPH (Executive Director of LMSA)

Healthy and Effective Public Speaking

Description: *This session will cover the “dos and don’ts” of public speaking and provide specific advice regarding the physical and vocal aspects of speaking in public and the use of media. At the end of the session, attendees will have a better understanding of how to prepare a presentation, write legible and informational slides, how to project their voice, and other elements of public speaking.*

Speakers:

- Daniel Schidlow, M.D. (Professor of Pediatrics, Pharmacology & Physiology, and Medicine at Drexel University College of Medicine)

Creating Partnerships in the Community

Description: *Nicholas is the youngest person (26) and the first Latino to manage a citywide political campaign to victory in modern Baltimore history. He has been working in Baltimore’s Latino community for years in efforts ranging from gun violence prevention to food insecurity to increasing civic engagement. Nicholas has worked to bridge the gap between the immigrant community and others in Baltimore.*

Speakers:

- Nicholas Simões Machado (Campaign Manager - Ivan Bates for Baltimore State's Attorney)

Point of Care Ultrasound: Medical Students

Description: *Hands-on clinical skills session on point-of-care ultrasound (POCUS).*

Speakers:

- Medical Students from the Lewis Katz School of Medicine at Temple University

MCAT: Study Tips and Panel

Description: *Presentation with tips for crushing the MCAT, followed by panelists.*

Speakers:

- Adaobi Ugochukwu (MSIII at The Johns Hopkins University School of Medicine)
- Rachel De Armas (MSI at The Johns Hopkins University School of Medicine)

Suturing Workshop

Description: *Hands-on suturing workshop led by Johns Hopkins medical students and residents/faculty from the Johns Hopkins Departments of Surgery and Neurosurgery.*

Speakers:

- Alejandro Vera Garcia, M.D. (Vice Chair, Diversity, Equity, and Inclusion and Assistant Professor of Surgery at The Johns Hopkins University School of Medicine)
- Sarah Frey (MSIV at The Johns Hopkins University School of Medicine)
- Alexander Blum (MSIV at The Johns Hopkins University School of Medicine)

Workshop Descriptions

4:00 PM- 4:45 PM

Social Media and Networking

Description: *Students will learn the benefits of social media for their careers and practice social networking skills.*

Speaker:

- Jenny Ruiz, MD, MSCE (Attending Physician with the Division of Oncology at Children's Hospital of Philadelphia)

Non-Linear Paths Through Medicine with Dr. Shapiro

Description: *An engaging discussion led by Dr. Ilan Shapiro discussing non-linear paths through medicine, achieving the unachievable, and finding new and innovative ways to serve our community.*

Speaker:

- Ilan Shapiro, M.D. (Chief Health Correspondent and Medical Affairs Officer at AltaMed)

Academic Leadership

Description: *Dean Quezada will share her insight on what it means to be a leader in academic medicine and will offer advice to anyone who is interested in pursuing a similar career. Presentation followed by Q&A.*

Speaker:

- Sandra M. Quezada, M.D., M.S. (Associate Dean for Medical School Admissions & Associate Dean for Faculty Diversity and Inclusion at The University of Maryland School of Medicine)

Terrible Advice About Failure — & Resilience — In Residency (from someone who's experienced both)

Description: *Come join this insightful and honest discussion on what it means to fail during residency and how one can bounce back and come back stronger and more resilient. Presentation followed by Q&A.*

Speaker:

- Giannina Lissa Garcés-Ambrossi Muncey, M.D. (Critical Care Specialist at Jupiter Medical Center and Alumna of The Johns Hopkins University School of Medicine, Class of 2009)

Non-Traditional Paths to Medicine

Description: *Our five panelists will discuss their non-traditional paths to medical school and share the lessons they learned by taking the path less followed.*

Speakers:

- Tabhata Paulet (MSII at Rutgers New Jersey Medical School)
- Miguel Ramirez (MSIII at The Johns Hopkins University School of Medicine)
- Edeline Sanchez (MSIII at Drexel University College of Medicine)
- Gabrielle Milner (MSIII at The Johns Hopkins University School of Medicine)
- Valeria Hernandez (MSI at The Johns Hopkins University School of Medicine)

Primary Assessment/First Aid

Description: *Hands-on clinical session on primary assessment / first aid. Attendees will leave with a better understanding of what to do in an emergency scenario where they are the first to respond.*

Speaker:

- Laura Mafla (MSIV at The Johns Hopkins University School of Medicine)
- Nathan A. Irvin, M.D. (Assistant Professor of Emergency Medicine at Johns Hopkins Hospital and Inaugural Assistant Dean for Medical Student Diversity, Equity, and Inclusion)

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For generations, Yale New Haven Hospital and Yale School of Medicine have helped thousands of trainees fulfill their potential as skilled, compassionate, and caring physicians. We seek to train physicians whose lived experiences reflect the broad diversity of the patients we care for in our community, and who will become the physician leaders of the future.



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IDS INFECTIOUS DISEASES SOCIETY OF AMERICA FOUNDATION

Together we can improve equity and inclusion in medicine.

The Infectious Diseases Society of America Foundation invites students, residents and fellows to visit our website to apply for our grant programs. Applicants who serve marginalized populations and underserved communities are encouraged to apply.



Mentorship & Travel Grants

Grants for students, residents and fellows participating in the IDSA Foundation Mentorship Program, providing travel assistance to attend IDWeek 2023 in Boston (Oct. 11-15). Students from diverse backgrounds along with residents and fellows at institutions that predominantly serve communities of color are prioritized.



AMR Grants

Open to medical students, residents and fellows who identify as African American, Asian American, Native American, Caribbean American, Hispanic or Latinx. Grants provide free access to the “self-study” IDSA Core Antimicrobial Stewardship Curriculum. Applications open until all slots have been filled.



G.E.R.M. Grants

Grants for medical students to support longitudinal, mentored clinical learning or research projects for up to one year, focused on infectious diseases related topics, including HIV. Mentorship and support is provided by a dedicated IDSA or IDWAA member. Applications close February 6, 2023.

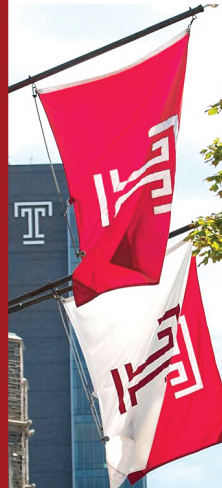
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| Interventional Radiology | Podiatric Surgery |
| Neurological Surgery | Psychiatry - Adult |
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Rhonda White, EdD
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JPS Health Network was founded in 1906 to care for the underserved. Today, the hospital is a 582-bed acute care facility which provides more than 1 million annual patient visits to the hospital and outpatient clinics. JPS gives residents and fellows an outstanding opportunity to care for an ethnically, culturally, and socioeconomically diverse population with a commitment to inclusion.

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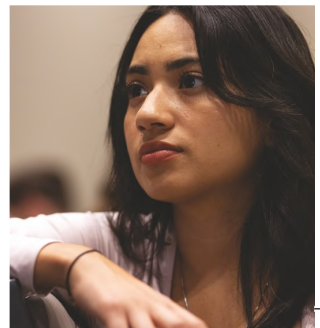
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JPS Health Network
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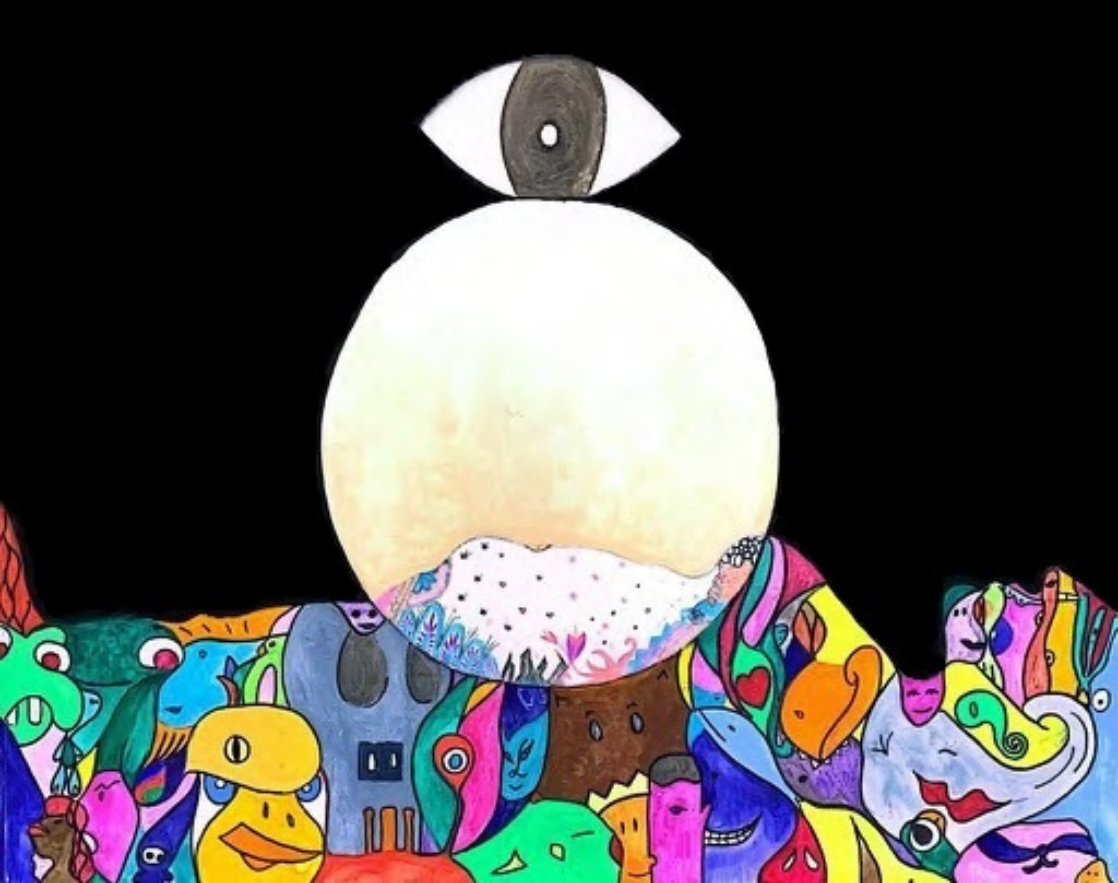
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Un Futuro Para Todos

An artistic interpretation by LMSA medical students

First Place Winner



Title: Mother: A Vision in Color

Artist: Aishwarya Ayyappan, OMSIII

**University of New England
College of Osteopathic Medicine**

Second Place Winner



Title: *M.E.D.I.C.O. standing for (medicina, ecologia, diversidad, ingenieria comunidad, y obligacion)*

Artist: Gabriela M. Campusano Vega, OMSII

Philadelphia College of Osteopathic Medicine

Notas

A series of horizontal dotted lines for writing notes.

Special Thanks To

Johns Hopkins School of Medicine

Faculty and Staff

Dr. Katherine Chretien

Dr. Roy Ziegelstein

Dr. Shari Lawson

Dr. Nathan Irvin

Robin Lenzo

John Steele

Humphrey Awomolo

Delena Dodd

Dr. Mitchell Goldstein

Dr. Kathleen Page

Johns Hopkins Medicine: Office of

Diversity, Inclusion and Health Equity

Johns Hopkins School of Medicine: Office

of Medical Student Affairs

Armstrong Room Scheduling

And many more!

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Aida Martinez Salazar

And many others who
made this event
possible!



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