



LMSA NORTHEAST

NEWSLETTER December 2017

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We invite you to the LMSA Northeast Regional Conference

What better reason than to come visit the great city of Philadelphia than the Annual LMSA-NE Regional Conference?! Aside from the opportunity to listen to our nationally acclaimed speakers and network with medical programs and students, this year's LMSA-NE Conference also offers the opportunity to explore all that Center City, Philadelphia has to offer. For the history buff, Independence Hall and other sites of American history are just five blocks east of Jefferson's SKMC campus. Additionally, the Philadelphia Museum of Art is only a short Uber ride away and is known as one of the best art museums in the country. If history and art isn't your thing, food probably is. Luckily, Philadelphia is known for its diverse restaurant options. Just a short walk away from Jefferson, you can find top-rated restaurants, founded by notable chefs such as Steven Starr and Jose Garces.

Also, Center City's nightlife can surely add to all of the fun you had at our Conference!

The LMSA-NE Regional Conference is an amazing opportunity for our region's medical, pre-med, and high school students to form connections with each other, and with medical school and residency programs in the region. Our speakers will share their expertise on topics such as health care policy, public health, and academic medicine, while focusing on how these things specifically impact the Latino population. You don't want to miss it! Please click the link for more information and to register. <https://45tnortheastlmsaconference.splashthat.com/>

*Sincerely,
Conference Co-chairs
Natalie Delgado and Jessica Grenvik*



*Construyendo Puentes:
Overcoming Barriers for a Healthier Community*

February 17th 2018
Regional Conference, Philadelphia, PA

 **Jefferson.**
HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

**LMSA
Northeast**





Fundraising efforts via Amazon Smile

Please use the Amazon smile account for making any purchases related to LMSA events within your chapter. A small percentage of the purchase will go to helping our regional efforts in providing scholarships and supporting various LMSA initiatives. Please use the following link to support:

<https://smile.amazon.com/ch/52-1871789>

We encourage all LMSA members to use this portal and encourage our family members and friends to use this link to help with our fundraising efforts.

Happy Holydays!

*Fundraising chair,
Jamil Alexis*



CALL FOR SCHOLARSHIP APPLICANTS!

DUE January 21, 2018

Submissions for scholarships are live! Remember that many of our scholarship require letters of recommendation! Ask for your letters early so you can meet the deadline. For more information please turn to page 5, and visit us on our website.

lmsa.net/ne/scholarships/

Mentorship Subcommittee Project

Hola amigos!

My name is Manny Sanchez (Mentorship Chair for LMSA Northeast) and this message is a call of recruitment for members interested in being part of the newly-developed Mentorship Subcommittee! Currently, there are over 30 LMSA chapters in the Northeast region, almost all of which have affiliated undergraduate institutions that provide an opportunity to offer mentorship to Hispanic/Latino undergraduates. And as such, the need to reach out to these students and help guide them on their paths to medical school has never been greater. As part of the subcommittee, you would be helping to further LMSA Northeast's mission of promoting education and mentorship on the undergraduate level by establishing contacts at these institutions, developing and implementing the formation of LMSA+ mentorship programs, promoting attendance at LMSA Northeast's events (i.e. Regional/National Conference), and much more! The time commitment for being a subcommittee member would entail no more than a few hours each month, and would offer great experiences to work closely with the LMSA Northeast Regional Executive Council (especially if you are interested in applying for Mentorship Chair or any other council position for the upcoming year!) Please contact me at mentorshipchair.lmsane@gmail.com if you are interested in having a position or if you have any questions! Happy holidays!





Policy Summit Summary

Justice. Human right. Policy and Advocacy in Medicine. Our social responsibility.

As medical students, we have observed in the clinics, hospitals and possibly in our own personal lives the impact health policy has on the care of our communities. Between the DREAM Act, the Jones Act impact on Puerto Rico, CHIP reauthorization and the Resident Physician Shortage Act 2017, it is imperative, now more than ever, to unite and make our voices heard. We MUST advocate for our patients, our communities and for a future that includes diversity in medicine.

The 4th Annual Latino Medical Student Association (LMSA) Policy Summit gave us the opportunity to not only learn but actively engage in health policy and advocacy for Latinos and other minority communities.

This year's theme was: ¡Si se puede! Empowering physicians-in-training through policy, advocacy and community. Through scheduled legislative visits, we advocated for immigration and healthcare issues currently impacting our communities on Capitol Hill. There was a student-led rally, "A Healthy USA includes US," where heart felt stories were shared and inspiring words versed. That night we had a networking event where we met passionate like-minded individuals. On day 2, at the headquarters of the AAMC in Washington D.C., keynote speakers and workshop sessions were scheduled with different tracks to cater to individual interest. Tracks included: "Latino Health," "Leadership and Academia," "Health Policy Skills" and "Policy in Action." On day 3, we had our Congress of Delegates meeting where we voted on resolutions written by LMSA members.



The conference was well attended with more than 100 medical and pre-medical students from all across the country. Twelve \$800 Travel Group Awards were granted to help offset some of the cost to attend the conference. If you did not attend this year, make sure you do not miss out next year!



****¡El pueblo unido jamas sera vencido!****

To learn more visit LMSA.NET/POLICY or contact POLICY@LMSA.NET



Policy Subcommittee

As your regional policy chair, I, Jessica Morales, want to invite you to be part of the North East Policy subcommittee. Ideally we would want at least one representative for each LMSA chapter to be the person of contact. If you are interested in being the appointed policy officer of your chapter please email me at policychair@lmsa-ne.org.



New Board Position: Chief Financial Officer Elect

"The Chief Financial Officer (CFO) Elect shall assist the CFO and shall succeed to the position of the CFO upon the completion of the CFO's terms of office.

The CFO Elect shall have a transition period of twelve (12) months during which he/she will work closely with the present CFO. The CFO Elect will have voting power on the council."

This new position will be filled along-side our other board positions in Spring HOD right after our regional conference.

Action Items

- Call for subcommittees
 - Policy
 - Mentorship
- Scholarships - see next page!
- Outstanding chapter member - see below
- HOD Survey, take it here:
<https://goo.gl/forms/6D2TPVT7h2u1RPzD2>

Call for Outstanding LMSA Member

Know of any LMSA member that has done something amazing that the rest of the region should know about? Feel free to send nominations with a brief description to

Codirectorelect@northeast.lmsa.net

Selected nominees will be interviewed and featured in our upcoming newsletter and recognized on our website.

CHANGED YOUR EMAIL RECENTLY?

To stay up to date and continue receiving all official communication from the Northeast LMSA Region, make sure to email **cdo@northeast.lmsa.net** any changes in email so we can stay connected.

CHECK OUT OUR WEBSITE

For more information about the Northeast Region LMSA, please check out our website at
<http://lmsa.net/ne/>



DUE January 21, 2018



LMSA NORTHEAST

SCHOLARSHIPS

lmsa.net/ne/scholarships/

All applicants must be National LMSA members in good standing
Questions? email Codirectorelect@northeast.lmsa.net

Women's Health Advocacy Award

In honor of Dr. Jack Ludmir's dedication to serve and advocate for the rights of women, this award recognizes efforts aimed at improving women's healthcare. This includes, but is not limited to, advocacy, research, education, and community service.

Dr. Jaime Rivera-Velez Award for Outstanding Community Service

This award recognizes work done to further promote the health and well being of Latinos in the community.

Scholarship of \$1000 and a certificate of achievement will be issued to winner.
Both require a personal statement and a brief statement from a supervisor, faculty advisor, or mentor involved with the project must be submitted.

Dr. Emilio Carrillo Award for Excellence in Research

Must be active participant in the research you are presenting (no need to be first author) and be willing to present research poster at the conference.

Scholarship of \$500, \$350 and \$150 and a certificate of achievement will be issued to winners. Requires an abstract submission and a poster presentation - conference registration fees are waived.

Joseph Lopez Travel Scholarship Award

\$500 for travel expenses to regional conference. Can apply individually or as a group, depending on how many from your school are attending.

LMSA Essay Scholarship

Scholarship of \$350 and \$150 for first place and honorable mention, respectively.
Theme to follow that of the regional conference.
2018 Theme - Construyendo Puentes: Overcoming Barriers for a Healthier Community.

Dr. Helen Rodriguez Trias Chapter of The Year Award

\$1000 prize to winning LMSA-NE Chapter. Must submit portfolio detailing your chapter's activities, projects, etc since the last conference.